

## 'Safeguarding Me' testimonials from Parents and Students - St Joseph's Catholic Primary School - Sutton Coldfield

**M** has grown in confidence and really looks forward to Thursdays and her 'Safeguarding Me' sessions. She feels prepared for secondary school and has only had positive experiences from these sessions. I do feel more sessions would only be of benefit. I can't praise it enough for the impact it has had on her.

**M's Mum**

**Z** has thoroughly enjoyed the 'Safeguarding Me' sessions and always looks forward to them. I feel **Z** has been taught a lot and it has helped him get ready for secondary school. Thank you for all your hard work.

**Z's Mum**

**G** has gained self confidence from the 'Safeguarding Me' sessions. Although she does not walk to school or get the bus to school as yet, she will be doing this at secondary school. She will be doing this with confidence now, due to the 'Safeguarding Me' travel training and self-protection sessions.

**G's Mum**

**B** had suffered from bullying and from the 'Safeguarding Me' sessions, she learnt how to deal with the bullying and the situation is now resolved.

**B's Mum**

**F** always looked forward to the 'Little Billy' stories and would tell me about them when she came home from school, The one she liked best was 'Little Billy Makes Friends On The Internet'. It was very informative and showed **F** how to keep safe on the internet. Even for myself as a parent, who thought I knew everything about keeping my children safe online, I realised I didn't, but I do now through 'Safeguarding Me' sessions.

**F's Mum**

**F...** has enjoyed his 'Safeguarding Me' sessions, he looks forward to them every week and each Thursday he tells me what he has learnt - keeping safe, awareness in the community and public transport and stories of 'Little Billy'. The stories appear to be very informative and encouraged **F** to think about and discuss situations which he may not have normally thought about. It has made him think more maturely which has improved his confidence.

**F's Mum**

**C** knows how to keep herself safe in the community as well as on public transport and trains. She understands now how to keep herself safe online and to never give any personal information over the internet.

**C's Mum**

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T has learnt a lot from the 'Safeguarding Me' sessions and looks forward to them every Thursday, he particular likes the 'Little Billy' stories. He feels he understands through these stories more about peer pressure and how easy it is to be influenced by others if you are vulnerable. Also, the importance of saying 'NO' or 'BACK AWAY' if he feels threatened.

**T's Mum**

S has loved the sessions and I, as a parent, can see the benefits in S's confidence and her awareness when we are out shopping together. S has also mentioned and knows, if you have any worries in life you must always speak to a trusted adult as they will always help.

**S's Mum**

My child is currently aged 10 and fortunately, has always had us as parents around him at all times. But I can see this program is essential for future growth and development when our child goes to secondary school - life skills are always beneficial.

**Yr6 parent**

The sessions have given me a lot of confidence and this makes me feel a lot

safer when I go out by myself when I am older.

**Yr6 pupil**

Our teacher is really nice and at the end of each session, he will ask us what we have learnt. Also, he gives us feedback on the important bits that we have learnt.

**Yr6 pupil**

I liked the learning about emotional, physical well-being because our teacher has given me confidence in myself and what I'm capable of. I never liked going up in assembly and due to the sessions, I can do this now. He is such an amazing teacher because he has faith in you.

**Yr6 pupil**

Gaz makes important things fun.

**Yr6 pupil**

R... The sessions have made me more confident when I am out alone. I would like to carry on with the sessions to learn more.

**Yr6 pupil**

I enjoyed the self-protection as I feel I know how to protect myself if confronted. I now walk round confidently, and I have gained trust.

**Yr6 pupil**

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The sessions taught me how to keep safe online.

**Yr6 pupil**

My favourite was the Little Billy stories as I learnt a lot about what to do if bullied and that bullies also might have hard times at home.

**Yr6 pupil**

The sessions taught me to always do my best and to be proud of myself. I also liked the 'Little Billy' stories as it can show you what to do in bad situations.

**Yr6 pupil**

Our teacher is really nice and friendly and makes time to listen to you.

**Yr6 pupil**

I feel safe on the bus and train now.

**Yr6 pupil**